



St Benedict's School – Health Curriculum Overview (2018-2020)

2018	Term 1	Term 2	Term 3	Term 4
School-Wide	Kia Kaha (HC and E)			
Manuka Syndicate	Getting on Together Y1/3, Myself and Others (REL) Relationships with other People – C1-3 Road Safety (PH and PD) A2, A3, A4		Toys and Games from the Past B2:B4: Challenges and Social and Cultural Factors	
Kowhai Syndicate	Class Culture – Myself & Others Personal Health & Physical Development Relationships with Other People			Sun Smart Personal Health & Physical Dev
Kauri Syndicate	Class Culture – Myself & Others Personal Health & Physical Development Relationships with Other People		Positive Puberty Personal Health & Phys. Development Relationships with Other People	
2019	Term 1	Term 2	Term 3	Term 4
School-Wide			Keeping Ourselves Safe (HC and E, REL)	
Manuka Syndicate	Kotahitanga: Getting on Together A1 Personal Growth and Development A3 Safety Management A4 Personal Identity	Get Fire Wise Health: D2: Community Resources Level 1.		
Kowhai Syndicate	Class Culture – Myself & Others Personal Health & Physical Dev Relationships with Other People	Nourishing Our Bodies Personal Health & Physical Development		Changes to Our Body Year 5/6 Personal Health & Physical Development
Kauri Syndicate	Class Culture – Myself & Others Personal Health & Physical Development Relationships with Other People	Positive Puberty Personal Health & Phys. Development Relationships with Other People		
2020	Term 1	Term 2	Term 3	Term 4
School-Wide	Kia Kaha (HC and E)			
Manuka Syndicate	Getting on Together Y1/3 Y4 (REL) C1-3			
Kowhai Syndicate	Class Culture – Myself & Others Personal Health & Physical Development Relationships with Other People			Sun Smart Personal Health & Physical Development
Kauri Syndicate	Class Culture – Myself & Others Personal Health & Physical Development Relationships with Other People	Positive Puberty Personal Health & Phys. Development Relationships with Other People		Sun Smart Personal Health & Physical Development

NB: Syndicate planning sessions aim to ensure that where possible, Health is linked to the current Topic inquiry.

Key: REL – Relationships; PH and PD - Physical Health and Physical Development; HC and E - Healthy Communities and Environments.